



Michael Griffin

M.Ed Studies; B.Ed (Music); A.Mus.A
www.musiceducationworld.com
griffin@musiceducationworld.com

Pathway to Expertise

Ultimate Learning

An inspirational presentation revisiting the fundamentals of deep and enjoyable learning.

- Expert brains
- Secrets of skill development: repetition, deliberation, chunking
- Nature nurture and 10 000 hours
- The magic of meta-cognition
- Marshmallows and emotional intelligence
- Engaging the imagination, and the whole-brain
- Trans-disciplinary learning and multiple intelligences
- The power (and enjoyment) of success
- Motivation and Csikszentmihalyi's 'flow'
- Dealing with stress

Time duration of between 2 and 4 hours is recommended.

Award-winning and internationally recognized educator Michael Griffin has been inspiring students and staffs in more than 15 countries world-wide through interactive presentations that encourage independent thinking, reflection and personal construction.

In this presentation, examples and demonstrations are multi-disciplinary, and perspectives historical, psychological and neuro-scientific.